# PROMOTE WELLNESS & SAVE LIVES

As a non-profit agency, Alaska Health Fair, Inc.'s events are guided by your community or agency's needs.

AHF focus & energy are spent creating the best health education events for you.

# view our schedule @ alaskahealthfair.org

If you are interested in hosting a health fair and affordable blood tests or would like more information, please call 907-278-0234 Southcentral, 907-374-6853 Tanana Valley, and 907-723-5100 Southeast.

#### **Our Team**

Hundreds of Volunteers & Partner Organizations

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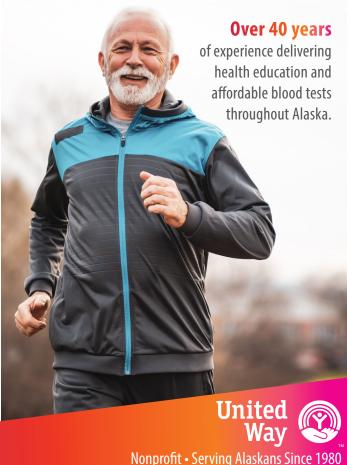
### **100% Local Community Nonprofit**

Support preventative screenings & health education for all Alaskans! Donations to AHF are tax-deductible.

Send checks to:

Attn.: Donations, Alaska Health Fair 720 W. 58th Ave. Unit J, Anchorage, AK 99518 or donate on our website alaskahealthfair.org.





alaskahealthfair.org

# Over 40 years of experience delivering health education & affordable blood tests throughout Alaska.



## About Alaska Health Fair, Inc.

Alaska Health Fair, Inc. is a nonprofit established in 1980. It was founded on the dream of a physician who believed that the road to longevity rests in healthy lifestyles, which develop, in part, through



education and screenings.

#### Affordable, High-Quality **Blood Tests**

AHF offers high-quality blood tests at nonprofit pricing from top-ranking CLIA certified laboratories — the same ones that serve local hospitals. Save hundreds of dollars by doing blood work with AHF, take the results to your doctor. Also, AHF doesn't share your test results with anyone.

# State-approved COVID-19 **Mitigation Plan and Comprehensive Protocols are** in Place to Keep You Safe

AHF is considered an essential service by the State of Alaska and has a state-approved COVID-19 Mitigation Plan to ensure the health and safety of clients, volunteers, and staff. The blood draws are offered by appointment to facilitate social distancing and other safety measures. The services are delivered quickly and efficiently, in a safe and pleasant environment.

For Alaskans, by Alaskans Health fairs are made possible by hundreds of local medical and non-medical volunteers and healthoriented nonprofits, businesses, and agencies.



# **Preventative Screenings**

Bone density, blood pressure, height and weight, vision and glaucoma, hearing, and more - each event is different, and the availability of screenings varies.



#### **Health Education**

Hundreds of health education learning centers, games, and other resources are available.

Booths are hosted by local health and wellness-oriented organizations and agencies.



#### **Affordable Blood Tests**

Available to persons 18 years and older.

Chemistry/Hematology profile	
27 tests including CBC, CMP, LIPIDS	\$45
TSH- Thyroid Stimulating Hormone	\$40
PSA-Prostate Specific Antigen	\$25
Vitamin D	
A1C-non-fast glucose	\$25
Blood Typing	\$25
Vitamin B12	\$40
Ferritin	\$40
Testosterone	\$55

#### **Worksite Events**

AHF clients include Alyeska Pipeline, Carlile Transportation, Fairbanks North Star Borough, Fountainhead Development, Inc. Chugach Electric, IDEA Homeschool, Credit Union One, and many others.

Worksite health education helps reduce absenteeism, improve morale, increase productivity, and more. During the pandemic, worksite fairs are by-appointment-only: safe, small, quick, and efficient. We empower employees to follow the organization's health and safety policies. Events are coordinated with an employer and are usually accessible to employees, and, sometimes, to their families.

# **Community Events**

Community fairs are organized in partnership with a local organization, such as a church, and are open to the public.

#### **Our Health Fair Model**

- Community self-reliance and coordination
- Quality, customer-centered service
- Emphasis on education, screenings, personal health counseling, and follow-up.
- All services are provided in one place at one time with standard procedures to ensure quality.