

F A I R B A N K S
50+
**ART &
 SCIENCE
 OF AGING**

A SUMMIT FOR PUBLIC AND PROFESSIONAL EDUCATION, EXHIBITS, AND SOCIAL EVENTS

FRIDAY, APRIL 7, 8AM-6PM
SATURDAY, APRIL 8, 8AM-1PM
 PIONEER PARK CIVIC CENTER

FREE EDUCATION SESSIONS

FRIDAY MORNING

- Community Challenge Grants
- Palliative Medicine
- Cancer Navigation
- Power of Art & Music in Dementia Care
- Vision Changes with Age
- Bridging Youth with Elders
- Exploring New Research in Hibernation Science & Healthy Aging
- Rehabilitation Support for Aging in Place and Fall Prevention

FRIDAY AFTERNOON

- KEYNOTE: Generativity -The Future Gives Me Strength Today
- Technology Access for Seniors
- Miller Trusts
- Dementia in Alaska – The Alaska Dementia Action Collaborative
- Senior Empowerment - Legal Matters
- Benefits of Massage as we Age
- Sexually Transmitted Infections Over 50
- Financial Guide to Retirement

SATURDAY MORNING

- Preventing Fraud
- Pickleball
- Aging at Home Fairbanks
- Facilitated Constituent Meet & Greet
- Alaska International Senior Games
- Art Project in Bear Gallery (limited seating)
- Elder Mentor Program
- Hemp (CBD) Supplements
- KEYNOTE: Aging Well in Your Home and Community

EVENT SPONSORS



ADDITIONAL EVENTS

Alaska Health Fair
 Friday & Saturday
 Morning



Bear Gallery
 First Friday Juried Art Show
 5-7pm



Reception Sponsored by



PRE-REGISTER & FOR MORE INFORMATION VISIT

foundationhealth.org/our_community/classes_support_events/fairbanks_at_50

or scan the QR Code



List of Exhibitors



AARP

AARP resources to take away

Access Alaska

Disability & Senior Services

Aging and Disabilities Resource Centers - North

Care Coordination, Medicaid Waivers, Miller Trusts

Aging at Home Fairbanks

Membership services helping people live well at home

Alaska Behavioral Health

Mental Health Services

Alaska Commission on Aging

The ACoA survey outcome and connections

Alaska International Senior Games - Fairbanks

Games introduction, volunteerism, demonstration

Alaska Legal Services

Wills, Power of Attorney, HealthCare Proxy, Landlord/tenant

Alaska Public Health Nursing - Northern Region

Immunization, screening, events, STI/STD resources

Alcan Clinic

Palliative Care services

Alzheimer's Resource of Alaska - Art Links

Music and art resources for Alzheimer's/Dementia

Alzheimer's Resource of Alaska - Fairbanks

Fairbanks resources for Alzheimer's/dementia

American Diabetes Association

Diabetes resources - Project Power

Careline Crisis Services

24-hour crisis call service

Consumer Direct Care Network

In-Home Care assistance

Fairbanks Senior Center

Senior Center programs

Fairbanks Urology

Information for cancer screening & bladder health

FNSB Parks and Recreation

Community recreation programs

FNSB/Noel Wien Library

Library programs, bookmobile, homebound services

Foundation Health Partners Home & Palliative Care

Advance Directives, Hospice, Volunteering

Foundation Health Partners Rehabilitation Dept.

Rehab services of all kinds, intro to equipment

Foundation Health Partners Stroke Committee

Stroke education - BEFAST

Genoa Healthcare

Pharmacy for complex conditions

Hands with Heart Massage

Yoga, massage - 15 min. chair massage available

HQ Legal

Senior Empowerment resources - accessible legal forms

Lorraine Gaffan

One-on-One Computer & Phone Coach

National Alliance on Mental Illness

NAMI Resources

New York Life

Long term care insurance/retirement

Osher Lifelong Learning - OLLI

What is Olli all about and how to try it out

Raven Landing Senior Community

Senior Living

RurAL CAP - Eldor Mentor

Elder Mentor Program

SBS Retirement Consultants

Financial and retirement consultation

Tanana Chiefs Conference

Respite and chore program, medicaid waiver

Timber Creek Senior Living

Senior Living

Troy Medical

Hybrid online and in-person care

UAF Cooperative Extension

Diabetes resources, nutrition, exercise

University of Minnesota Medical School - Duluth

Memory Keepers Research

Your CBD Store Fairbanks

Hemp supplements