



# Welcome! What to Expect at our Event

First time at a Health Fair? Don't worry, you're in good hands! We have been doing Health Fairs for more than 40 years. Please note that masks are required. We draw by appointment only to accommodate health and safety measures. The service is quick and there are no lines. Only a minimum number of persons is present at each appointment to ensure fast and safe service. When you come to our event, just follow these easy steps:

1

## Stop at the Meet & Greet

for a packet if you are getting your blood drawn. Fill out the registration form and address the enclosed envelope with your mailing address. Please write legibly. We will mail your results directly to you. Take a moment to ask questions and get guidance about the event from a volunteer.

2

## Stop at the Blood Pressure Station

You can measure blood pressure at home and bring your numbers with you to save time. If not possible, we will do it for you at this station.

3

## Visit Blood Test Registration

pay for tests that you're interested in. We also offer Colon Kits for \$5. We accept all major credit cards, Check, or Cash. We do not accept insurance at this time.

4

## Have Your Blood Drawn

Have your blood drawn by one of our phlebotomist volunteers.

5

## Grab Refreshments

offered by our event sponsors.

6

## Visit Additional Screenings

such as Vision, Hearing, Bone Density, and more. Each event is different, and the availability of screenings varies.

7

## Talk to Health Educators

learn about health resources available to you in your community – representatives from local health and wellness organizations and agencies have brought handouts and freebies to help you learn about important health topics.

8

## Ask Our Nurse

volunteers about health at the Checkout Station. This may not be available at all events at the moment. Turn in your paperwork to a volunteer before you leave. We can also take your number and have one of our health professional volunteers give you a call to answer any questions.

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## Thank the Volunteers

Pretty much everyone that you see at an AHF event is a volunteer. We are proud that our events are community-driven and supported by hundreds of medical and non-medical volunteers. These people devote their time to helping you and your community stay healthy. Interested in volunteering? We always have medical and non-medical duties available, in the office and at the events. Please don't hesitate to ask for information.

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## Expect Your Confidential Blood Test Results

in around 2-3 weeks. Remember to take them to your next doctor's appointment. Thank you for coming and we hope to see you again!