

Test Your Blood

Learn About Your Health

Available at all Health Fairs. See schedule at www.alaskahealthfair.org.



Testing helps you learn about your health and detect potential problems early—when treatment or changes in personal habits can be most effective. These test results provide you and your healthcare provider with important information about your physical condition and vital organ functions. However, it is not possible to diagnose or treat any condition on the basis of this general health screening alone, and your test results should not be considered a final diagnosis.

Have you fasted? Some test results will be affected if you have recently eaten. Fasting means no food or drink, except water. The optimum fasting time for the Chemistry/Hematology Profile is 12 hours.

Testing is available to adults 18 years of age and over. Test results will be mailed to you in approximately 2 to 3 weeks.

CHEMISTRY/HEMATOLOGY PROFILE **\$45⁰⁰**

■ HEMOGRAM WITH PLATELETS

BLOOD TEST	CONDITION
White Blood Cell Count	Infection, Some Malignancies
Red Blood Cell Count, Hemoglobin, Hematocrit	Anemia
Indices (MCV, MCH, MCHC, RDW)	Anemia, Liver Disease
Platelets	Clotting Ability

■ COMPREHENSIVE METABOLIC PANEL

Helps check status of metabolism, including kidney, liver, electrolytes, glucose, and blood proteins.

Sodium, Potassium Chloride, CO ₂ , and Anion Gap	Kidney and Adrenal Function
Glucose	Diabetes
Total Protein, Albumin, Globulin and A/G Ratio	Kidney, Liver, Infection, Nutrition
Calcium	Parathyroid, Bone Disease
Blood Urea Nitrogen (BUN), Creatinine, BUN/Creatinine	Kidney Function
Bilirubin, Total	Liver Function
Alkaline Phosphatase	Bone, Liver Disease
SGOT (AST), SGPT (ALT)	Tissue Disease or Damage
LD	Heart, Liver, Muscle Function

■ LIPID PROFILE

Helps determine risk of heart disease. Helps in making decisions for treatment if high or borderline high.

Cholesterol, Triglyceride, HDL, LDL	Coronary Heart Disease
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THYROID SCREEN **\$35⁰⁰**

Helps check for thyroid gland problems.

TSH (Thyroid Stimulating Hormone)	Thyroid Function
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**Lab results are only one part of your health evaluation.
We recommend you consult your healthcare provider to discuss
your test results as part of a complete medical examination.**

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Learn About Your Health (continued)

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BLOOD TEST	CONDITION	
PROSTATE DISEASE SCREEN _____	Helps screen for prostate cancer.	\$25⁰⁰
PSA (Prostate Specific Antigen), Men Only	Prostate Disease	
VITAMIN D SCREEN _____	Checks vitamin D2, D3 levels. Vitamin D helps control calcium & phosphate in the body - bone disease or weakness.	\$50⁰⁰
Vit D (Hydroxy-Vitamin D, Calcidiol, Calcifol)	Bone Metabolism Parathyroid Function	
A1C SCREEN _____	Reflects average blood sugar level for past 2-3 months. Helps determine diabetes.	\$25⁰⁰
A1C (Hemoglobin A1C, Estimated Average Glucose)	Diabetes, Glucose	
ABO/RH _____	Tells your blood type.	\$20⁰⁰
ABO/RH	Blood Typing	
B 12 ASSAY _____	Checks vitamin B12 levels in your body. B12 helps make healthy nervous system.	\$35⁰⁰
Vitamin B 12	Normal Red Blood Formation, Tissue & Cellular Repair	
FERRITIN _____	Assesses how iron is stored in body. Can detect deficiency or overload.	\$35⁰⁰
Ferritin	Iron-Containing Protein	
TESTOSTERONE, TOTAL (ADULT MALE) _____	Tests for actively circulating testosterone in blood.	\$55⁰⁰
Testosterone - Men Only	Testosterone Level	

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