

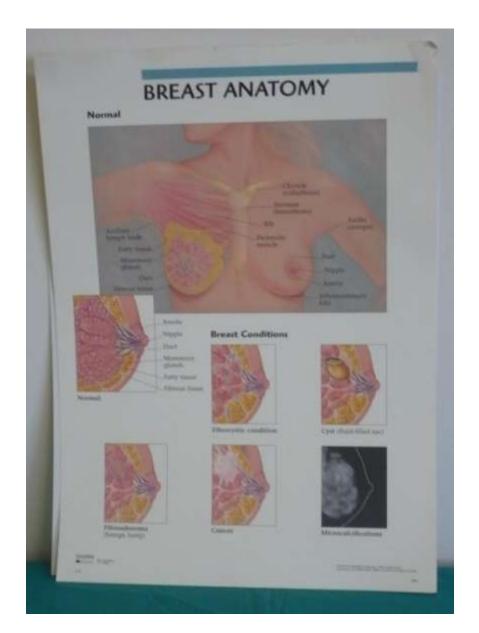
#### Alaska Health Fair, Inc.

501 (c) (3) Non-Profit Main Office: 720 W. 58<sup>th</sup> Ave. Unit J Anchorage, AK 99518 www.alaskahealthfair.net Tel 907.278.0234, Fax 907.258.1848

**Health Fair Materials Examples** 

**Subject: Women's Health** 

### **BREAST ANATOMY DISPLAY**



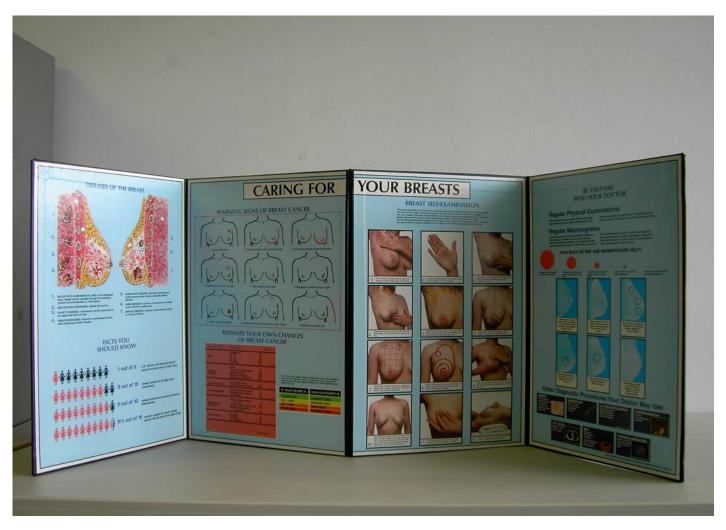
SUBJECT: WOMEN'S HEALTH

**Target:** Women & Adults

<u>Description:</u> This display shows detailed pictures of the breast and various health issues that could occur. This is a good compliment to other educational materials dealing with breast health, mammograms, cancer, etc.

<u>Size:</u> 20" x 36"

# Caring for your Breasts



SUBJECT: BREAST EXAMS

**Target:** Women

<u>Description:</u> Colorful and informative, this folding display describes seven diseases of the breast. Discusses warning signs and risk factors of breast cancer as well as BSE patterns and mammography.

58" x 22.5" opened

# **Breast Detection-Illuminating**



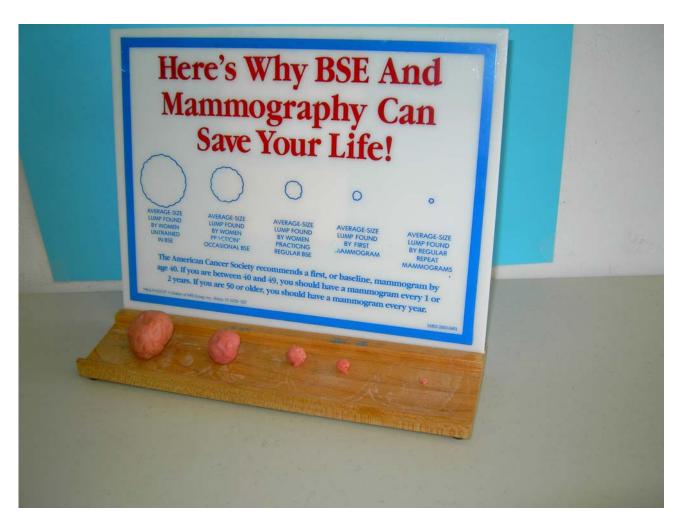
#### SUBJECT: CANCER, BREAST

**Target:** Adult

<u>Description</u>: Lightbox and translucent BSE model allows you to see lumps inside breast tissue. (Requires power).

Size: 12" x 12"

# Breast Lump Display

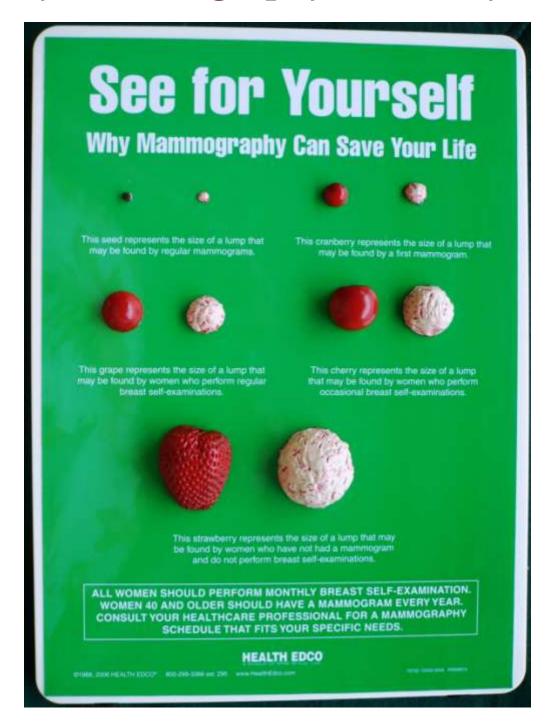


SUBJECT: WOMEN'S HEALTH

Target: Women and Adults

<u>Description:</u> The need for proactive breast care is clearly demonstrated by comparing lumps found by chance, occasional and regular BSE, and regular mammography. The lumps that come with this display represent the average size at which lumps are first discovered by untrained BSE, by occasional and regular BSE, by a first mammogram, and by regular mammography.

### Why Mammography can save your life



#### SUBJECT: CANCER, BREAST

Target: Adult

<u>Description:</u> Planting the seed for regular mammography which will bear fruit by saving lives. Seed and fruit show the difference in lumps found by mammogram & BSE. (Breast self exam)

<u>Size</u>: 18" x 22"

# Pap Tests, Cervical Cancer & HPV



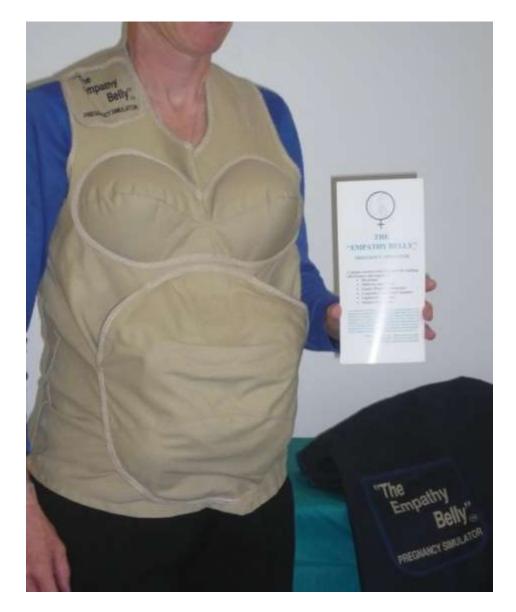
#### SUBJECT: CANCER, CERVICAL

Target: Adult

<u>Description:</u> Discusses how regular PAP tests can save lives. Covers abnormal results, the role of HPV in causing cervical cancer, how HPV is spread and HPV vaccination.

Size: 58" x 22"

## **Empathy Belly Pregnancy Simulator**



**SUBJECT: PREGNANCY** 

Target: Youth & Adults

<u>Description:</u> Is great for childbirth education and expectant father classes. Each wearer experiences more than 20 physical symptoms and lifestyle changes: weight gain of 33 lbs, bladder & abdominal wall pressure, increased blood pressure, pulse, body temperature, shift in center of gravity, pelvic tilt and lower back discomfort, fatigue, irritability, restricted breathing, restricted mobility and more.

Size: Weight over 35 lbs in full use

## Women Take Heart



### SUBJECT: WOMEN'S HEALTH, HEART DISEASE

**Target:** Adults

<u>Description:</u> This learning center, created in Alaska, address' the issue of heart disease in women, facts about, signs of, importance to women's health, etc.

Size: 40" x 60" when open plus header.

### Women & Heart Disease



### SUBJECT: WOMEN'S HEALTH & HEART HEALTH

**Target:** Adults and Youth

<u>Description:</u> Women of all ages should know the facts about heart disease. Women with heart disease may have different symptoms than men and respond differently to methods of treatment. This tabletop display provides women with specific warning signs, and ways to reduce their risk for the deadly disease.

<u>Size</u>: 29" x 22.5" opened.