



## Summary Fall 2015 and Spring 2016

**After attending the health fair, did you gain a better understanding of some ways you can have healthier behaviors?**

Yes	89%	
No	11%	
Total	100%	1254

**In what ways are you likely to make lifestyle changes? (Mark all that apply).**

Category	Response	
Total	100%	2248
Eating healthier	29%	
Exercising/physical activity	26%	
Managing weight	20%	
Managing stress	16%	
Other	3%	
Stopping/decreasing alcohol use	3%	
Quit smoking, chewing or other tobacco use	3%	

**If you learn of a health condition through screenings and tests results from today, do you plan to follow up with a healthcare provider?**

Yes	95%	
No	5%	
Total	100%	1368

**When did you last see a healthcare provider?**

Category	Response	
Total	100%	1452
Past year	74%	
1-2 years ago	17%	
3-4 years ago	5%	
5 or more yrs	3%	
Never	1%	

**Do you have an improved quality of life because you attended a health fair?**

Yes	90%	
No	10%	
Total	100%	1250



## Demographic Summary

Fall 2015 & Spring 2016 Health Fairs

### Ethnicity

Category	Response
Total	100% N=2095
White - Nonhisp	83%
Hispanic/Latino	7%
Asian	4%
AK Native/Am Indian	3%
Other	1%
African American	1%
Hawaiian/Pacific Is	1%

### Income Level

Category	Response
Total	100% N=1737
>\$75,000	36%
\$50,000 - \$74,999	24%
\$25,000 - \$49,999	24%
\$15,000 - \$24,999	10%
<\$15,000	7%

### Insurance

Category	Response
Total	100% N=1986
Private	59%
NHS	1%
Medicaid/Medicare	23%
Military/VA	2%
None	15%

## Education

Category	Response
Total	100% N=1852
College Grad	33%
Tech Sch/Some College	27%
Post Graduate	19%
High School/GED	19%
<High School	2%

## Household Size

Category	Response
Total	100% N=1536
2	46%
1	24%
3	12%
4	10%
5+	7%

## Regular source of medical care?

Yes	79%
No	21%

N=1483

## Blood Pressure

Category	Response
Total	100% N=2130
Prehyper 120-139 or 80-89	41%
Normal <120 & <80	32%
High -1 140-159 or 90-99	20%
Stage 2 160 or higher/100 or higher	6%