



# Welcome!

## What to Expect at an Alaska Health Fair Event

Providers of the Original Health Fair • Serving Alaskans Since 1980



***Don't worry, you're in good hands! We have been doing Health Fairs since 1980! Just follow these easy steps...***

- [Stop at Meet & Greet for a Welcoming Packet](#) to include fliers, forms, pens, and more. Take a moment to ask questions and get guidance about specific events.
- [Have your Blood Pressure and Height/Weight/Body Mass Index taken](#) to help with initial screening.
- [Visit Blood Test Registration](#) to pay for tests that you're interested in. We accept Visa, MasterCard, Check, or cash and donations, too.
- [Have your Blood Drawn](#) by one of our medical professionals. Confidential results are sent directly to you in 7–10 days. Our medical professional will also give you a call if something is out of range.
- [Don't forget to grab some refreshments](#) offered by event sponsors.
- [Visit additional screenings](#) such as Vision, Skin Cancer, Hearing, and more.
- [Take time to talk to the professional exhibitors](#) who have brought their knowledge, displays, handouts, and freebies to help you learn about important health topics. The variety of exhibitors can help with resolving important health issues, establishing healthy habits, and making your life better.
- [Proceed to the Checkout](#), where you and a medical professional will have a private conversation on your health concerns.
- [Look for your confidential blood test results in 7–10 days](#). Remember to take them to your next doctor's appointment!

*Thank you for attending one of our many events held each Spring and Fall.*

*We hope you had a great time and look forward to seeing you again soon!*