

# Test Your Blood

## Learn About Your Health



Available at all Health Fairs. See schedule at [www.alaskahealthfair.org](http://www.alaskahealthfair.org).

Testing helps you learn about your health and detect potential problems early—when treatment or changes in personal habits can be most effective. These test results provide you and your healthcare provider with important information about your physical condition and vital organ functions. However, it is not possible to diagnose or treat any condition on the basis of this general health screening alone, and your test results should not be considered a final diagnosis.

Have you fasted? Some test results will be affected if you have recently eaten. Fasting means no food or drink, except water. The optimum fasting time for the Chemistry/Hematology Profile is 12 hours.

**Testing is available to adults 18 years of age and over.** Test results will be mailed to you in approximately 2 to 3 weeks.

| BLOOD TEST  | CONDITION                           |
|---|-------------------------------------|
| <b>CHEMISTRY/HEMATOLOGY PROFILE</b> <span style="float: right;"><b>\$45<sup>00</sup></b></span> |                                     |
| <b>■ HEMOGRAM WITH PLATELETS</b>  |                                     |
| White Blood Cell Count  | Infection, Some Malignancies        |
| Red Blood Cell Count, Hemoglobin, Hematocrit  | Anemia                              |
| Indicies (MCV, MCH, MCHC, RDW)  | Anemia, Liver Disease               |
| Platelets   | Clotting Ability                    |
| <b>■ COMPREHENSIVE METABOLIC PANEL</b>  |                                     |
| Sodium, Potassium Chloride, CO <sub>2</sub> , and Anion Gap                                     | Kidney and Adrenal Function         |
| Glucose   | Diabetes                            |
| Total Protein, Albumin, Globulin and A/G Ratio  | Kidney, Liver, Infection, Nutrition |
| Calcium   | Parathyroid, Bone Disease           |
| Blood Urea Nitrogen (BUN), Creatinine, BUN/Creatinine   | Kidney Function                     |
| Bilirubin, Total  | Liver Function                      |
| Alkaline Phosphatase  | Bone, Liver Disease                 |
| SGOT (AST), SGPT (ALT)  | Tissue Disease or Damage            |
| LD  | Heart, Liver, Muscle Function       |
| <b>■ LIPID PROFILE</b>  |                                     |
| Cholesterol, Triglyceride, HDL, LDL   | Coronary Heart Disease              |
| <b>THYROID SCREEN</b> <span style="float: right;"><b>\$35<sup>00</sup></b></span>               |                                     |
| TSH (Thyroid Stimulating Hormone)   | Thyroid Function                    |

CONTINUED



*Lab results are only one part of your health evaluation.  
We recommend you consult your healthcare provider to discuss  
your test results as part of a complete medical examination.*

# Test Your Blood

## Learn About Your Health (continued)



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| BLOOD TEST                                      | CONDITION  |                          |
|---|--|--------------------------|
| <b>PROSTATE DISEASE SCREEN</b>                  |  | <b>\$25<sup>00</sup></b> |
| PSA (Prostate Specific Antigen), Men Only       | Prostate Disease                                     |                          |
| <b>VITAMIN D SCREEN</b>                         |  | <b>\$50<sup>00</sup></b> |
| Vit D (Hydroxy-Vitamin D, Calcidiol, Calcifol)  | Bone Metabolism Parathyroid Function                 |                          |
| <b>A1C SCREEN</b>                               |  | <b>\$25<sup>00</sup></b> |
| A1C (Hemoglobin A1C, Estimated Average Glucose) | Diabetes, Glucose                                    |                          |
| <b>ABO/RH</b>                                   |  | <b>\$20<sup>00</sup></b> |
| ABO/RH  | Blood Typing   |                          |
| <b>B 12 ASSAY</b>                               |  | <b>\$35<sup>00</sup></b> |
| Vitamin B 12                                    | Normal Red Blood Formation, Tissue & Cellular Repair |                          |
| <b>TISSUE TRANSGLUTAMINASE AB IGA</b>           |  | <b>\$35<sup>00</sup></b> |
| TTGIGA (Tissue Transglutaminase AB IGA)         | Celiac Disease                                       |                          |

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Alaska Health Fair, Inc.  
 720 W. 58th, Unit J • Anchorage, AK 99518  
 (907) 278-0234 • [ahfair@ak.net](mailto:ahfair@ak.net) • [www.alaskahealthfair.org](http://www.alaskahealthfair.org)